



# Room 7 Newsletter

## February 2019



January was a busy month. We spent time talking about what it means to be kind and a good friend. Sometimes we want to be the star of the show and it is hard for us to share the spotlight. As a three year old it can be challenging taking turns playing and speaking within a group. We practice being a good listener by being patient, still, and making eye contact. As adults, we know it is considered rude if we do not do these things. However, children are just learning these skills. One of the best ways for them to learn is by watching us! We like to call this Mindful Minutes. Taking time to talk with the children about his or her feelings or frustrations allows them to know that we care about them and that they matter. In return, the children will learn the process of listening to peers and being respectful. Mrs. Bambach and I love to interact with the children and hear all their amazing stories. They are learning so much and it makes us extremely proud to see how they have grown. If you have questions or concerns please feel free to come to us. We are always open to suggestions and love to hear from you!



If you would like your child to bring in Valentine cards for their friends, that would be great! Just have them bring in 21 signed cards that they will hand out to their friends on Thursday, February 14th.

All our friends in Room 7 are working hard on independence and self-help skills. Please allow your child time to practice getting dressed and putting on shoes.



Mrs. Bambach and Mrs. Byrd

